

KUMITE CLINIC

FRIDAY, FEBRUARY 23RD • SATURDAY, FEBRUARY 24TH

"bring your sparring gear, we ain't doin' kata"

We are thrilled to invite you to attend a two-day kumite clinic led by Sensei Neil Prime, with by Sensei Brodie Hicks. This intensive clinic will focus on refining and enhancing your sparring skills.



AGENDA / PROGRAM

FRIDAY EVENING

- 6:00-7:00** Youth (12 and under) Workshop with Sensei Neil Prime.
6:00-7:00 SWKKF Team Training with Sensei Brodie Hicks
7:00-8:00 SWKKF Team Training with Sensei Brodie Hicks
8:00-9:00 Adult Workshop with Sensei Neil Prime.

SATURDAY

- 9:00-10:00** Youth (12 and under) Workshop with Sensei Neil Prime.
9:00-10:00 SWKKF Team Training with Sensei Brodie Hicks
10:00-11:00 SWKKF Team Training with Sensei Brodie Hicks
11:00-12:00 Adult Workshop with Sensei Neil Prime.
12:00-12:30 Lunch Break.
12:30-2:00 SWKKF Team Training with Sensei Brodie Hicks
2:00-3:30 Adult Workshop with Sensei Neil Prime.
3:30-4:00 Stretch Session with Sensei Neil Prime.

SWKKF Team Training sessions are open to all Adult participants.

FEES

- Youth: \$25.00 for both classes.
Adults: \$50.00 per adult for the weekend. Open to all ranks.
Family: \$100 max

LOCATION

Crawford Plains School
4210 12 Avenue N.W.
Edmonton, Alberta

REGISTRATION:

To secure your spot for this exclusive event, please register in advance
<https://form.jotform.com/240237050286147>

WHAT TO BRING:

Your gi • Protective gear • Water bottle • Note-taking materials

Should you have any questions or require further information, please contact Sensei Bill Hynes by email at b.hynes@telus.net or cell 780-990-8662



**PRESENTED BY
THE SHINTANI WADO KAI KARATE FEDERATION**