

# SELF DEFENSE LEVEL 2

Certified SWKKF Shintani Course



## APRIL 21 & 22, 2023 LEVEL 2 PERSONAL SELF-DEFENSE SEMINAR WITH SPECIAL GUEST INSTRUCTOR:



**SENSEI  
DARREN  
MARSHALL**

6th Degree Black Belt  
Personal Protection  
Specialist

Previous Level 1 Certification is NOT REQUIRED.

### YOUR HOST: WHITECOURT WADO KAI KARATE CLUB

#### WHERE:

Ecole St. Joseph School  
5575 McIlwaine Dr.  
Whitecourt, Alberta

#### WHEN:

Teen/Adult

**Certified Course (13+)**

Friday 6:30 pm - 9:00 pm

Saturday 12:00 pm - 4:30 pm

(must attend both)

**Junior Workshop**

**Not Certified (6-12 Years)**

Saturday 9:30 am-11:00 am

#### FEES:

Teen/Adult

\$100

Junior

\$20

#### TO REGISTER:

Pre-registration deadline April 18th.

Registration will be open at door.

REGISTER ON LINE ([CLICK HERE](#))

#### ADDITION INFORMATION:

CONTACT SENSEI SHELLEY MCGREGOR (780)706-5746 OR

EMAIL TO [smcgmc@telusplanet.net](mailto:smcgmc@telusplanet.net)

