

BROWN BLACK WORKOUT



Saturday, January 18, 2025

10:00 AM – 2:00 PM

**Southwood Community League,
1880 37 Street, Edmonton, AB**

We are excited to announce and invite you to the upcoming **Black / Brown Belt Clinic** hosted by the MillWoods Karate Club. This specialized clinic is designed to help you refine your skills and prepare for grading.

You will have the unique opportunity to train with
Sensei Shelley McGregor (6th Dan)
Sensei Bill Hynes (5th Dan)
Sensei Chris Marler (4th Dan) ,

All experienced instructors and dedicated to helping you elevate your practice and achieve your goals.

This will be a fantastic chance to enhance your skills and connect with fellow practitioners from Northern Alberta.

For more information:

Sensei Bill Hynes: b.hynes@telus.net • 780-990-8662

**PRESENTED BY
THE SHINTANI WADO KAI KARATE FEDERATION**

